



**NORTHWEST AGE GROUP REGIONALS
MARCH 10-13, 2016
TIME STANDARDS
WEYERHAEUSER KING COUNTY AQUATIC CENTER
QUALIFYING TIME PERIOD 2/1/2015 TO ENTRY DEADLINE**

25 YARD COURSE	G10U	G11	G12	G13	G14	G15-18	B10U	B11	B12	B13	B14	B15-18
50 Free	30.19	28.19	26.89	26.19	25.69	25.69	30.19	28.39	26.49	24.79	23.49	23.09
100 Free	1:06.99	1:02.39	58.69	56.89	55.69	55.39	1:07.29	1:02.49	57.79	54.09	51.29	49.99
200 Free	2:27.69	2:15.49	2:09.19	2:03.89	1:59.59	2:00.49	2:25.59	2:16.09	2:07.99	1:57.89	1:52.59	1:50.79
500 Free	6:01.99	6:01.99	5:43.89	5:31.29	5:23.59	5:24.39	6:05.39	6:05.39	5:46.79	5:20.49	5:06.19	5:02.89
1650 Free		20:05.19	20:05.19	18:50.79	18:32.89	18:52.49		20:19.69	20:19.69	18:42.49	17:42.49	17:40.39
50 Back	35.39	32.79	30.89				35.19	33.39	30.79			
100 Back	1:16.69	1:10.59	1:06.49	1:03.79	1:02.19	1:02.19	1:16.09	1:11.89	1:05.69	1:01.79	58.59	57.69
200 Back		2:24.59	2:24.59	2:18.09	2:15.09	2:15.09		2:23.69	2:23.69	2:14.19	2:07.69	2:05.69
50 Breast	40.09	37.09	34.79				40.49	37.29	34.69			
100 Breast	1:27.59	1:20.49	1:16.09	1:12.99	1:11.09	1:11.29	1:27.99	1:21.19	1:15.19	1:09.69	1:05.59	1:04.79
200 Breast		2:44.09	2:44.09	2:37.69	2:35.39	2:35.09		2:45.19	2:45.19	2:31.79	2:23.89	2:24.09
50 Fly	33.99	31.49	29.39				33.89	31.49	29.19			
100 Fly	1:19.09	1:11.69	1:05.99	1:03.29	1:01.69	1:01.39	1:18.99	1:12.09	1:06.89	1:00.09	56.89	55.79
200 Fly		2:32.69	2:32.69	2:23.59	2:18.89	2:18.69		2:34.49	2:34.49	2:17.59	2:10.29	2:08.59
100 IM	1:16.89	1:11.39	1:07.39				1:16.99	1:11.59	1:06.59			
200 IM	2:46.09	2:33.89	2:25.19	2:18.79	2:15.79	2:16.99	2:45.49	2:35.29	2:23.69	2:12.69	2:06.89	2:05.79
400 IM		5:10.09	5:10.09	4:55.39	4:47.89	4:53.89		5:10.09	5:10.09	4:47.79	4:36.09	4:34.09
200 F.R.	2:09.39	1:50.19		1:43.69	1:46.39	2:09.99		1:50.19		1:38.49		1:36.39
400 F.R.		4:05.09		3:47.69	3:53.49			4:04.99		3:36.39		3:31.39
200 M.R.	2:25.19	2:04.09		1:55.39	1:59.99	2:25.19		2:04.59		1:49.79		1:48.79
400 M.R.		4:33.79		4:09.79	4:16.99			4:31.49		4:01.29		3:54.99