



# November 2013

## KING-FIFE Practice Schedule

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1  AG: 4:15 - 6:00 <b>Fife</b> NOV: 4:30 - 6:00 DEV: 6:00 - 7:00	2  AG: 8:30-10A KM
3  AG: 2:30-4 KM	4  AG: 4:15 - 6:00 NOV: Off DEV: 6:00 - 7:00	5  AG: 4:15 - 6:00 NOV: 5:45 - 7:00 DEV: Off	6  AG: Off NOV: 4:30 - 6:00 DEV: 6:00 - 7:00	7  AG: 4:15 - 6:00 NOV: 5:45 - 7:00 DEV: Off	8  <b>AG: 530-7:30 KCAC</b> <b>NOV: 5-6P KM</b> <b>DEV: 5-6P KM</b>	9  AG: 8:30-10A KM
10  AG: 2:30-4 KM	11  AG: 4:15 - 6:00 NOV: Off DEV: 6:00 - 7:00	12  AG: 4:15 - 6:00 NOV: 5:45 - 7:00 DEV: Off	13  AG: Off NOV: 4:30 - 6:00 DEV: 6:00 - 7:00	14  AG: 4:15 - 6:00 NOV: 5:45 - 7:00 DEV: Off	15  <b>AG: 4:15 - 6:00 Fife</b> NOV: 4:30 - 6:00 DEV: 6:00 - 7:00	16  AG: 8:30-10A KM
17  AG: 2:30-4 KM	18  AG: 4:15 - 6:00 NOV: Off DEV: 6:00 - 7:00	19  AG: 4:15 - 6:00 NOV: 5:45 - 7:00 DEV: Off	20  AG: Off NOV: 4:30 - 6:00 DEV: 6:00 - 7:00	21  AG: 4:15 - 6:00 NOV: 5:45 - 7:00 DEV: Off	22  <b>KING MINI MEET</b> AG: 4:15 - 6:00 <b>Fife</b> NOV: MINI MEET DEV: MINI MEET	23  <b>AGE GROUP INVITE</b> AG: MEET
24  <b>AGE GROUP INVITE</b> AG: MEET	25  AG: 4:15 - 6:00 NOV: Off DEV: 6:00 - 7:00	26  AG: 4:15 - 6:00 NOV: 5:45 - 7:00 DEV: Off	27  AG: Off NOV: 4:30 - 6:00 DEV: 6:00 - 7:00	28  THANKSGIVING NO WORKOUTS	29  NO WORKOUTS	30  AG: 7-9 NH

*F = Fife Swim Ctr, KCAC=King County Aquatic Center, KM=Kent Meridian, MR=Mount Rainier, MW=Mary Wayte, NH=Newport Hills, SU=Seattle Univ, TAH=Covington Aquatic Center*